

# SOUNDS FOR THE SOUL

Info Map The Third Edition 2024 - 2025

An initiative that brings the transformative power of music directly to the homes of individuals in need.

A MUSICAL WAY OF SAYING THAT WE CARE

## A WORD FROM THE TEAM

Music has always been a source of comfort and solace in times of trouble. In a world struggling with ongoing conflicts, climate change, new political landscapes, and the relentless pressure to succeed or simply survive, we are confronted with our own personal challenges, trying to find our place in all this turmoil. In times like these the need for art as a means of healing is more urgent than ever.

Sounds For The Soul continues to bring hope, providing personal, one-on-one classical music experiences that allow individuals to reflect on their challenges from a new perspective.



A musical way of saying that we care.

# A MUSICAL GIFT FOR YOU

Are you feeling overwhelmed, stressed, or in need of some emotional support? Perhaps you're experiencing loss, heartbreak, or just a sense of unease. No matter what you're going through, Sounds For The Soul offers a unique opportunity to connect with a professional, classically trained musician for a personalized, in-home concert designed to resonate with your emotions and provide comfort and reflection.

All we ask is that you briefly explain what you are struggling with at the moment, and we will match you with one of our musicians, who will listen and then perform a piece of music selected specifically for you. This is a reflection of your feelings - a chance to see your situation from a new angle and find peace through music.

## MEET THE MUSICIANS

Our performers are professional classical musicians who typically grace the stages of Europe and beyond. They are trained for the Sounds For The Soul project to ensure each encounter is conducted with empathy, respect, and understanding.

Our talented lineup includes: Sofie Vanden Eynde - Lute; Christophe Pochet - Violin; Victor Guaita - Viola; Nadia Hidali - Voice; Dries Tack - Clarinet; Corentin Dellicour - Cello; Suzanne Vermeylen - Cello; Kristien Keuppens - Oboe & English Horn; Anne Bernard - Viola da Gamba



#### In the comfort of your home.

A musical way of saying that we care.



## JOIN US

Do you want to experience this unique and free gift? If you live in the Brugge or Brussels area and feel this opportunity could benefit you or someone you know, please register on our website. We are ready to bring music to your doorstep, offering a musical way of saying that we care.

# HOW TO REGISTER

#### STEP-BY-STEP



### THE REQUEST

Send an email to contact@soundsforthesoul.org

or Fill in our form on our website

or Call 0486 79 22 85

Briefly explain what you are struggling with at the moment.

### **PLANNING OF THE VISIT**

A staff member from "Sounds for the Soul" will contact you by phone, explain the project in detail and check with you when a private visit from a musician to your house can be planned.



### THE MUSICAL ENCOUNTER

The musician will visit you at your house or place of residence. This visit lasts approximately 30-45 minutes and it's a one-onone experience.

Be so

The musician will ask you to briefly tell him/her what is going on and what you are feeling at the moment. Then he/she will play one musical piece in answer to your story.

Before he or she says goodbye, the musician will share with you some music you can listen to for the weeks and months to come.

### GOOD TO KNOW!

- There is no pre-selection. Everyone who applies will be contacted.
- Participation is free but places are limited so don't wait too long to reach out.



#### Subscribe yourself here

### PRACTICAL INFORMATION

The third edition will begin at the MA Festival in Brugge before moving back to our base in Brussels.

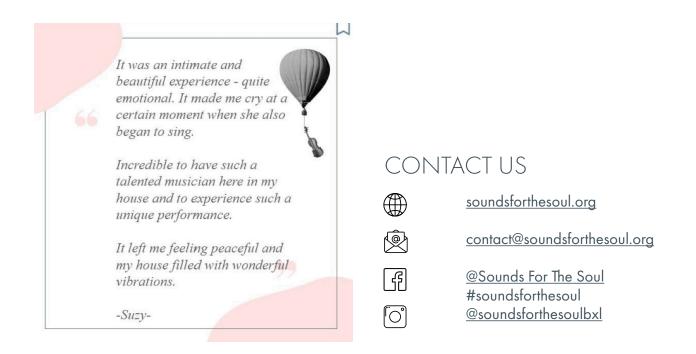


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Brugge Area: 02 - 11 Aug. Brussels Area: 15 Aug. - 15 Jan.

Free for individuals

Organizations, municipalities, and companies can also join in and offer sessions to participants.





Sounds For The Soul is a project by <u>DAS HAUS</u>, supported by Vlaanderen Coördinatie Brussel, the Nationale Loterij, MA Festival Brugge, and Brugge 2030.





